

11760 Marco Beach Drive, Ste. #3
Jacksonville, FL 32224
Phone: (904) 551-0459



GROUP FITNESS:

Zumba® Fitness

Yoga

Self Defense/Martial Arts

BodyPump (Weight Training)

Zumbatomic® (Zumba for Kids Ages 3 – 10)

Arlene & Jerome are a husband & wife fitness team and are certified Zumba® Fitness instructors. **Jerome** has taught at various fitness clubs throughout the city of Jacksonville and has instructed Zumba® classes at two popular YMCA locations in the city! This Zumba® instructor has a strong following and is dedicated to his students. He's been a certified group fitness instructor for 20 years, is AAFA certified and every class he instructs turns into a workout party!

Arlene works out diligently side by side with her husband (if you can't beat 'em – join 'em! – right?) and is dedicated to the "Ditch the workout and join the party!" philosophy.

For 2 years, Arlene & Jerome subleased space from other establishments for their Zumba® Fitness classes. They knew they had to find a "permanent home" for their "Zumbajearians". **On April 17, 2010** – they opened their own group fitness studio and named it **Studio Jear!** ("JE" for Jerome & "AR" for Arlene) – this is where the "jear" in Zumbajear comes from as well. The rest as they say is HISTORY!!!

COME BE A PART OF OUR STUDIO JEAR FAMILY – WE'LL NOT ONLY CHANGE YOUR BODY BUT YOUR MIND & SPIRIT AS WELL!! WE ARE **"MORE THAN JUST A WORKOUT!"**

www.zumbajear.com