



## ANGIE – HOME GROWN @ STUDIO JEAR!

I'm from Slovakia - from capitol city Bratislava . I've been in Jacksonville, FL for 2 ½ years. Music , dancing and working out has always been in my life. I've done 7 years of gymnastic as well as Power Yoga for 2 years before I moved. I have found that ZUMBA® FITNESS is the best combination - work out & dance. It took me a while to find the best place to take Zumba® Fitness classes but eventually I found **Studio Jear!** I was thrilled. I got a workout of a life time, saw my body changing & toning, made great friends and found a passion to become a Zumba Fitness instructor! Not only are Zumba Fitness Instructors @ Studio Jear ("Home Grown") but Arlene & Jerome actually have their own training program each instructor must go through. They work with new instructors one on one in training!

Fitness AND Fun do belong in the same sentence...I'll show you how. From Salsa, Cumbia, Merengue to Squats, Lunges, Bicep Curls.... I'm ready for an awesome new challenge, having fun and getting fit at the same time....."ZUUMMMBBAA!!!"

**TUESDAYS – 9:00AM TO 10:00AM**  
**THURSDAYS – 10:00AM TO 11:00AM**

Ditch the Workout & Join the Party!



*Zumbajear!*

Check out our website @ [www.zumbajear.com](http://www.zumbajear.com)