



René – HOME GROWN @ STUDIO JEAR!

René has always been the kind of person who knew that she needed to work out, but hated going to the gym. Then, she found Zumba® Fitness. Instead of dragging herself to the gym and doing 30 (“painful”) minutes on the elliptical, she started taking Zumba® Fitness classes with Arlene and Jerome aka Zumbajear!

Quote from Rene, “For once, I actually looked forward to working out! I loved the way that Zumba® made me feel and the party-like atmosphere. I could hang out with friends, dance my worries away, and get a great workout all at once! I was hooked. I want to give **YOU** what I’ve found @ Studio Jear!”

Rene wants to spread Zumba Fitness® and Zumba love to everyone she knows!

You can always expect a high energy, fun, effective workout in her class. Be prepared to sweat and share in the positive energy that is Zumba love!

THURSDAYS – 6:30PM TO 7:30PM!



Zumbajear!

Check out our website @ www.zumbajear.com