



11760 Marco Beach Drive, Suite #3 – Jacksonville, FL (904) 551-0459
www.zumbajear.com

January 2012

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	STUDIO JEAR INTRODUCES “DAYTIME ZUMBA® FITNESS CLASSES! “DO IT IN THE DAYTIME.....WITH ANGIE!” STARTING JAN 10TH!					1
						CLOSED
2	3	4	5	6	7	8
5:15 – 6:15pm BodyPump with Jerome	5:15PM – 6:15PM – SELF DEFENSE with Al Marshall	5:15pm – 6:15pm BodyPump with Jerome	5:30PM – 6:00PM FREE! BODYPUMP FORM /TECHNIQUE CLASS - JEROME		8:00am – 9:00am Yoga with Matthew 9:00am – 10:00am – Zumbatomic w/Angelica	
6:30pm – 7:30pm Zumba with Arlene & Jerome	FREE! 5:45pm – 6:15pm Abz-Solution	6:30pm – 7:30pm Zumba with Arlene & Jerome!	6:30pm – 7:30pm Zumba Fitness w/Rene!	****AVAIL FOR PRIVATE GROUP FITNESS BOOKING OR ROOM RENTAL FOR EVENTS	9:00am – 10:00am BodyPump with Jerome	CLOSED
	6:30pm – 7:30pm Zumba Fitness with Ariel!	7:45pm – 8:30pm MEDITATION Yoga with Matthew			10:30am – 11:30am Zumba with Arlene & Jerome 11:45am–12:15pm Abz-Solution	
9	10	11	12	13	14	15
5:15 – 6:15pm BodyPump with Jerome	9:00am to 10:00am – Zumba with Angie!	5:15pm – 6:15pm BodyPump with Jerome	10:00am to 11:00am – Zumba with Angie!		8:30am – 9:30am BodyPump with Jerome	
6:30pm – 7:30pm Zumba with Arlene & Jerome	5:15PM – 6:15PM – SELF DEFENSE with Al Marshall	6:30pm – 7:30pm Zumba with Arlene & Jerome!	FREE! 5:45pm – 6:15pm Abz-Solution	****AVAIL FOR PRIVATE GROUP FITNESS BOOKING OR ROOM RENTAL FOR EVENTS	10:00 am – 12:00pm – ZUMBA TWO HOUR JAM!	CLOSED
	5:30pm – 6:00pm Basic Zumba Moves FREE!	7:45pm – 8:30pm MEDITATION Yoga with Mark	6:30pm – 7:30pm Zumba Fitness w/Rene!		SPECIAL EVENT – MONTHLY PASSES & PREPAID CLASS CARDS NOT APPLICABLE	
	6:30pm – 7:30pm Zumba Fitness with Ariel!				FIRST JAM OF 2012!	
16	17	18	19	20	21	22
5:15 – 6:15pm BodyPump with Jerome	9:00am to 10:00am – Zumba with Angie!	5:15pm – 6:15pm BodyPump with Jerome	10:00am to 11:00am – Zumba with Angie!		8:00am – 9:00am Yoga with Matthew 9:00am – 10:00am – Zumbatomic w/Angelica	
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23	24	25	26	27	28	29
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30	31	<i>...wait a second....is that the pitter patter of little feet of a NEW HOME GROWN STUDIO JEAR ZUMBA® FITNESS INSTRUCTOR we hear?????!!!! Stay tuned.....</i>				
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A NEW YEAR...A NEW YOU! STRIVE FOR PROGRESS....NOT PERFECTION!